BLUE PRINT SKALA FORGIVENESS

|  |  |  |
| --- | --- | --- |
| **ASPEK** | **NOMOR ITEM** | **JUMLAH** |
| **AVOIDANCE MOTIVATION** | **2,4,5,7,8,10,12** | **7** |
| **REVENGE MOTIVATION** | **1,3,6,9,11** | **5** |
| **TOTAL** | | **12** |
| **KOEFISIEN RELIABILITAS** | | **0,865** |

BLUE PRINT SKALA SUBJECTIVE WELL BEING

|  |  |  |  |
| --- | --- | --- | --- |
| **DIMENSI** | **INDIKATOR** | **NOMOR ITEM** | **JUMLAH** |
| **KOGNITIF** | * **EVALUASI KEPUASAN HIDUP SECARA GLOBAL** | **1,2,3,4** | **4** |
| * **EVALUASI KEPUASAN HIDUP SECARA DOMAIN** | **5,6,7,8** | **4** |
| **AFEKTIF** | * **AFEK POSITIF** | **9,11,13,15,18,20** | **6** |
| * **AFEK NEGATIF** | **10,12,14,16,17,19** | **6** |
|  | **TOTAL** | | **20** |
| **KOEFISIEN RELIABILITAS** | | | **0,877** |

BLUEPRINT SKALA SELF ACCEPTANCE

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ASPEK** | **INDIKATOR** | **NOMOR ITEM** | | **JUMLAH** |
| **FAVORABLE** | **UNFAVORABLE** |
| **MERASA PUAS TERHADAP DIRI**  **SENDIRI** | **PUAS TERHADAP KELEBIHAN DAN**  **KEKURANGAN** | **1,5** | **2,4,6,8** | **6** |
| **TIDAK PRIHATIN AKAN ADANYA**  **REAKSI SOSIAL** | **MENERIMA**  **KRITIKAN DARI**  **ORANG LAIN** | **9,11,13,15** | **10,12** | **6** |
| **MEMILIKI**  **KEMANDIRIAN** | **TIDAK**  **BERGANTUNG PADA ORANG LAIN** | **19,21,23** | **18,20,22,24** | **7** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MENGHARGAI DIRI** | **MAMPU UNTUK MENGERJAKAN**  **SESUATU** | **25,27,29** | **26,28,30** | **6** |
| **TIDAK MENOLAK JIKA DIMINTA UNTUK**  **MELAKUKAN**  **SESUATU** | **35,37,39** | **36** | **4** |
| **TOTAL** | | **15** | **14** | **29** |
| **KOEFISIEN RELIABILITAS** | | | | **0,931** |